



John P. Davliakos, D.M.D.
Arezoo A. Bahar, D.D.S.
Sara R. Satin, D.M.D., M.S.

Annapolis Prosthodontic Associates

Post-Surgical Instructions for Periodontal Surgery

**** You should have 3-4 prescriptions to review with Dr. Odell before leaving your appointment today.**

- Ice 20 minutes on and 20 minutes off for 24hrs post-surgery
- Ibuprofen every 4hrs day of surgery/ 6hrs day after
- If needed ½ tablet Hydrocodone for severe pain
- Take and finish all antibiotics
- Warm salt water gentle rinses 24hrs after surgery 3x a day
- Do not rinse vigorously, spit or use a straw
- Do not floss surgery site, you can gently brush teeth
- Day of surgery soft cold diet
- Soft diet for two weeks post-surgery
- If bleeding apply pressure with a damp gauze for 20 mins
- If dressing placed and comes off, call Dr Odell
- If stent was placed wear 24hrs then take out rinse, replace and wear until suture removal
- Relax and keep head elevated for 24hrs after surgery
- Do not exercise or drink alcohol for 48hrs after surgery
- Bruising and swelling should be expected, especially with soft tissue grafting surgery.

Please call Dr. Odell if you have excessive pain, fever, or allergic reaction.

Dr Odell 410-562-9620

Shore United Bank Building
200 West Gate Circle, Suite 106, Annapolis, MD 21401
Office: 410-268-7100 Cell: 410-562-9620 (Dr. Odell) Fax: 410-268-7101
office@apadentistry.com drdodell@verizon.net www.apadentistry.com